

HANS SELYE, M. D.

THE
STRESS
OF
LIFE

Here is a revolutionary new concept of mental and physical illness, explained by its discoverer. This startling new theory of disease may be the most important and far-reaching idea in the history of medicine. It has often been compared with the contributions of Pasteur, Ehrlich, and Freud.

Books by Hans Selye

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First Annual Report on Stress, 1951

Second Annual Report on Stress, 1952 (in collaboration with A. Horava)

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Fifth Annual Report on Stress, 1955-1956 (in collaboration with G. Heuser)

The Story of the Adaptation Syndrome (told in the form of informal illustrated lectures), 1952

Textbook of Endocrinology, 2d edition, 1949

"The Steroids," 4 vols., in *Encyclopedia of Endocrinology*, 1943

"Ovarian Tumors," 2 vols., in *Encyclopedia of Endocrinology*, 1946

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L'Histoire du syndrome général d'adaptation, French translation of *The Story of the Adaptation Syndrome* by Dr. Tchékoff and Dr. Caplier, 1954

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Contents

Preface

vii

Book I The discovery of stress

- 1: Precursors of the stress concept** 4
What is stress? What is a discovery? Witch doctors, evil spirits, and incantations (treatment by pain, terror, fever, shock, and the like). How could damage cure? "Pónos"—the toil of disease. "Homeostasis"—the staying power of the body.
- 2: My first glimpse of stress** 14
A young medical student's first impressions of medicine. The "syndrome of just being sick."
- 3: How to question nature** 18
The urge to learn. Great hopes. Grave doubts. The great disappointment.
- 4: The birth of the G.A.S.** 25
A new point of view. If this were so . . . A change of mind. Discouragement. Encouragement. Plans for future research. What is the scope of this approach? The first semantic difficulties. The first publication on the stress syndrome. The three stages. What do you need in order to do research? More semantic difficulties. Dislike of a word may merely stem from inability to grasp the idea behind it. Still more semantic difficulties! The term "stress" emerges victorious.

Book II The dissection of stress

- 5: Why did we need a blueprint for the dissection?** 48
To understand a complex thing you must take it apart systematically. The power of an abstraction.
- 6: Inventory of assets: (a) the facts** 50
Earlier observations.
- 7: Inventory of assets: (b) the abstractions** 52
What is a definition? Definition of stress. Definition of the stressor. Definition of the G.A.S. Relationship between the

xiii

G.A.S. and the L.A.S.—*The concept of adaptation energy. Relationship between adaptation energy and aging. Definition of the diseases of adaptation.*

- 8: Inventory of assets: (c) materials and techniques 68
Experimental animals. Surgical techniques. Chemical techniques. Morphologic techniques. Complex laboratory and clinical techniques. Techniques for the coordination of knowledge.
- 9: How does one dissect a biologic mechanism? 75
Analogy of the five light-bulbs. Analysis of interrelations in the nervous system. Analysis of interrelations in the endocrine system.
- 10: Results of the dissection 80
Outline for report on dissection. Detection of interactions between specific and nonspecific events. How can various agents produce the same specific syndrome? How can qualitatively different reactions be added? The course of the stress-response is triphasic. The defense is antagonistic. The importance of conditioning factors.
- 11: Stress in a nutshell 97
The essence of the stress-response.
- 12: Stress and inflammation 99
Forms of inflammation. The structure of inflammation. The purpose of inflammation. The regulation of inflammation.
- 13: Synoptic view of the whole stress-mechanism 109
Need for an over-all picture. The over-all picture.
- 14: The nature of adaptation 118
What is adaptation? Adaptation is always a spacial concentration of effort. Implications of the spacial concept of adaptation.
- Book III The diseases of adaptation**
- 15: Diseases of the kidney, the heart, and the blood vessels 128
What is disease? The chickens. Can corticoids produce renal and cardiovascular diseases in mammals? Corticoids can produce renal and cardiovascular diseases in mammals. Pituitary hormones can also produce renal and cardiovascular diseases. Do the adrenals play a part in the spontaneous renal and cardiovascular diseases of man? When its cause disappears, the disease should also disappear. When the disease is present, the suspected causative agent should be demonstrable in the body. Metacorticoid hypertension. Eclampsia.

16: Inflammatory diseases 149

The basic problems. The inflammatory-pouch test. Some practical applications of the inflammatory-pouch test. The experimental arthritis tests. Rheumatic and rheumatoid diseases of man. Inflammatory diseases of the skin and the eyes. Infectious diseases. Allergic and hypersensitivity diseases.

17: Other diseases 171

Nervous and mental diseases. Sexual derangements. Digestive diseases. Metabolic diseases. Cancer. Diseases of resistance in general.

18: "When scientists disagree" 190

On scientific debate. Debates about the stress concept.

Book IV Sketch for a unified theory

19: The search for unification 215

The value of unification. Stress and disease. The bridge from the nonspecific to the specific. Time, space, and intensity. What is apparently distinct and in need of unification? Health and disease. Disease itself and its signs or symptoms. Specific and nonspecific phenomena. Qualitative and quantitative differences. Units and complexes.

20: How could the stress concept lead to a more unified interpretation of biology and medicine? 227

Stress and adaptation. Stress and growth. Stress and specificity. The structural unit of life: the cell. The functional unit of life: the reacton. Analysis and synthesis of cellular disease. Possibilities and limitations of the reacton hypothesis.

21: Apologia for teleologic thought in biology and medicine 243

What do we mean by "understanding something"? Purposeful causation. Recapitulation and conclusions.

Book V Implications and applications

22: Medical implications of the stress concept 254

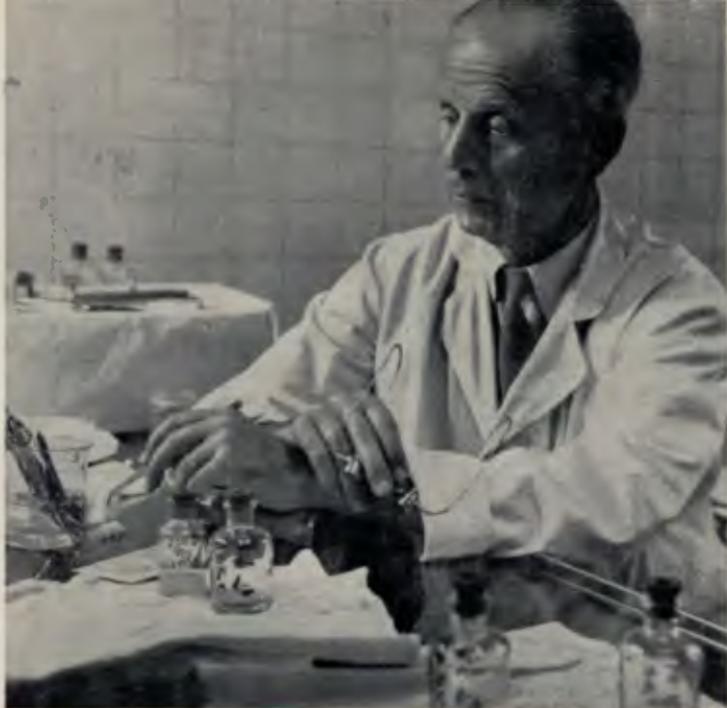
Stress as a common denominator of biologic activity. Basic tenets for a new type of medicine. What can the patient learn from this?

23: Psychosomatic implications 260

To know thyself. Dissect your troubles. Somatopsychic vs. psychosomatic. On being keyed up. How to tune down. Stress

as an equalizer of activities. The stress-quotient. The importance of deviation. Innate vitality must find an outlet. How to sleep.

24: Philosophic implications	273
<i>The wear and tear of life. To die of old age. The origin of individuality. The need for self-expression. What are man's ultimate aims? The philosophic lesson. The evolution of inter-cellular altruism. The evolution of interpersonal altruism. A biologist's view of gratitude and revenge. The philosophy of gratitude. The thirst for approval. On exhibiting modesty. The terror of censure. To enjoy life's wonders. A way of life. Short-range aims. Long-range aims. The ultimate aim. Success formula?</i>	
25: The road ahead	303
Glossary	307
Index	313



Dr. Hans Selye was born in Vienna in 1907 and studied in Prague, Paris, and Rome. He received his medical degree from the German University of Prague in 1929 and two years later took his Ph.D. at the same university. He was then awarded a Rockefeller research fellowship which brought him to Johns Hopkins University and later to McGill University, where he became Associate Professor of Histology. Subsequently he received honorary degrees from eight other universities.

In 1945, Dr. Selye (now Professor) took up the post of director of the Institute of Experimental Medicine and Surgery at the University of Montreal, a position he still holds. In the meantime he had become a Canadian citizen. During the war he served as an Expert Consultant to the Surgeon General of the United States Army.

His investigations into the problem of stress began in 1936, with a modest laboratory and restricted facilities. Professor Selye now has over 50 assistants and technicians helping him in research. He is the author of over 600 scientific papers and 12 books.

Professor Selye is an active member of several scientific and medical societies throughout the world and an honorary member of numerous others. He has received several awards, including the Casgrain and Charbonneau Prize for original work in the prevention and treatment of disease.

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